

the Shabbos



project of



Havdallah Set

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What's Included:

6 candles



clip



foam ball



cloves



challah dough



grape juice



tea lights



shabbos sticker



permanent marker



You'll also need:



scissors

Optional:
additional permanent
and metallic markers



blessing
card



2 plastic plates

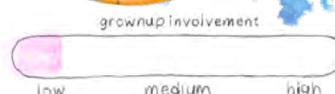
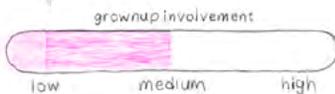
(*please make sure to cover tables and monitor use)

In this crate...

Havdallah Candle



Havdallah Plate



We say good bye to Shabbat with Havdallah. The word 'havdallah' literally means to separate as this ritual separates between shabbat and the week: holiness from the mundane. We slowly let go of Shabbat like a guest departing. We offer our soul the smell of spices as a means of consolation since it is no longer the expanded soul it was on Shabbat.

After eating from the tree in the Garden of Eden, Adam thought he caused the darkness he experienced with his first sunset. He believed the sun would never rise again. Hashem showed him how to make fire on that first Saturday night and with it taught him an important lesson. Yes, Adam made a mistake, but mistakes are human. We all make mistakes, and that's ok. Our job is to learn from those mistakes and become better as a result. We light fire at havdallah to remember that first fire. Unlike the separate candles that we started Shabbat with, the havdallah candles fuse together as one. This shows our elevated, unified status after experiencing Shabbat. We hope that as our cup overflows with wine or grape juice that our week will overflow with blessings as well. Scan the QR code or visit joidenver.com/shabbat to listen to the audio of havdallah.



Audio of Havdallah

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VIDEO
TUTORIAL

Havdallah Candle

You will need:

6 candles

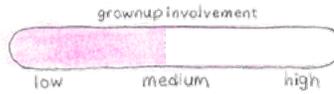
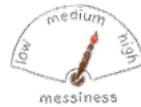
clip



foam ball



cloves



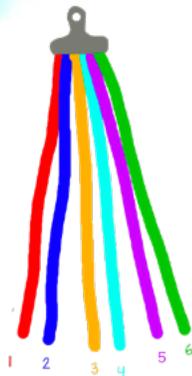
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Code



The colors in the diagrams are to make it easier to follow the instructions. They are not the colors of the actual candles.

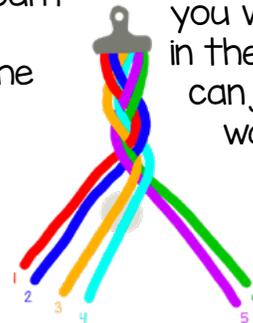
STEP 1

Lay out all six candles and attach clip to the wicks only. If you clip the wax it will cut the candles



STEP 3

Place the foam ball in the center of the candle and continue braiding around it.



Alternatively, once you wrap the ball in the middle you can just twist the wax around until you get to the bottom.

STEP 2

Begin braiding the candle using 2 candles for each strand.

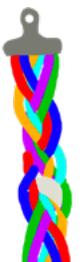
Start by moving 1&2 into the middle,



Then move 4&5 over 1&2 and into the middle. Next move 3&4 into the middle. Continue braiding until you reach half way down the candle.

STEP 4

When you get to the bottom press the wax together to hold in place.



STEP 5

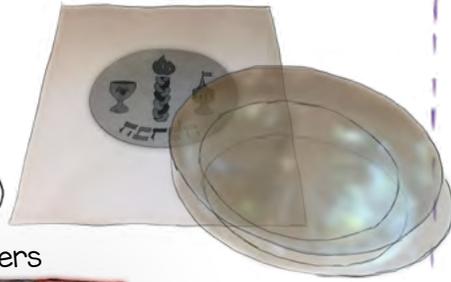
Last, stick the cloves into the foam ball by firmly twisting each one and remove the clip.



Havdallah Plate

You will need:

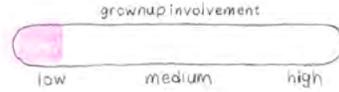
scissors template



markers



plates



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STEP 4

Trace the outline with permanent marker and then remove bottom plate with template.



STEP 1

Cut out circle template.



STEP 2

Flip over plastic plate. place template over inner circle.



STEP 3

Place second plastic plate on top of template. Template should be stuck in between both plates.



STEP 5

Finish coloring the rest of your plate. You can also make your own design for the border.



STEP 6

If you have a metallic marker, color over the entire inner circle with the marker to create a backdrop for your design.

